BREVILLIER INSIDER

A Newsletter For Brevillier Village Residents, Families, Friends, And Volunteers.



Resident's Right Month | National Physical Therapy Month | Breast Cancer Awareness

Sweater Weather Is Better Together

Its official, "Sweater Weather" is upon us! Autumn is a wonderful time of year when we can begin to hunker down for the upcoming cooler weather and shorter days. Breaking out our fall attire does not have to be all that bad, especially when enjoying the company of those we love. Between Friday night football games and admiring the abundantly bright foliage, may we take this opportunity to embrace each day.

Our outdoor activities may be done for the year, but there are still plenty of reasons to stop by. We invite family and guests to continue their visits, join us for entertainment, or perhaps dining with your family member. Guests are always welcome to have a meal, simply make arrangements with clerical staff prior to your visit.

Brevillier Village Annual Book Sale



Upcoming Events:

Summer may be over, but our entertainment is still going strong. Check out our list of events below. More information specific to each day is included within this newsletter.



Meet & Greet the Therapy Staff from Symbria - Oct. 23rd 3 pm BCS Dining Room



Conrad House Bake Sale & Craft Show - Saturday, October 25^{th} 10 am - 2 pm Conrad House Multipurpose Room



Happy Halloween - Trick Or Treating At Brevillier Village - Staff & Resident Families Are Welcome To Come Into Brevillier Village To Trick Or Treat Halloween Night 6 - 7 pm



Friday, October 31st & Saturday, November 1st from 9 am - 2 pm. Book sale purchases are made by donation in honor of Hally Van Slyke. All proceeds benefit resident activities.



Annual Memorial Service - November 6th @ 4 pm St. Barnabas Chapel.

An October Blessing: From Deacon Chuck Adamczyk

HELLO OCTOBER: My wish for October – 31 Days of happiness and hope; 744 Hours of good health; 44,640 Minutes of bountiful blessings; and Every Second your heart be filled with joy, love, and laughter. In every way may everyday flow with God's Grace!



BV Mission:

Through uncompromising attention to body, mind and spirit, Brevillier Village meets housing and health care needs in a home-like atmosphere.

BV Philosophy:

We are dedicated staff and volunteers who serve older adults with dignity and respect while following a notfor-profit mission of the Episcopal church.

BV Vision:

Quality of Life Matters.

In This Edition

Learning Site 2
Events 3 - 4
General News 5
New Residents 6
Symbria Therapy 7
Celebrations 8











Please be sure we have your most recent contact information on file. This provides us with the means to relay messages, share upcoming activities, and when necessary, send emergency notifications. Call the BV Hotline at 898-5900. This phone line is updated daily with the menus and Recreation schedule for each building.

Help Keep Our Residents Safe: DO NOT Hold Doors Open

Resident safety is our top priority. We ask that you be mindful of who is going through the coded doors at the front office. Please take care to NOT hold the door open for a resident that is not accompanied by staff or their family. Any visitors taking a resident off campus must notify the nurse before doing so. They have paperwork to fill out to ensure the safety of your loved one.

Amy Learn, VP/Ball Pavilion Nursing Home Administrator Vickie Gilchrist, Barnabas Court Personal Care Home Administrator

Jeff Wieser BV President/CEO

Amy Learn

Ball Pavilion

Vickie Gilchrist

Barnabas Court

Jennifer Kehl
Conrad House



COVID-19 Update: Work Restrictions

From: Didi Howard, ADON/Infection Control

We FINALLY received Work Exclusion Guidance updates from the Department of Health!!

This guidance supersedes existing CDC and DOH guidelines specific to health care personnel (HCP) exclusion from work and masking following exposure to, or infection with, respiratory viral infections, including COVID-19.

"Restrict from work until at least 3 days have passed since symptom onset (or since first positive test if symptomatic) and at least 24 hours have passed with no fever (without the use of fever-reducing medications), symptoms are improving, and HCP feel well enough to return to work. The first day for HCP to return to work is day 4".

"Wear a facemask for source control in all patient care and common areas of the facility for at least 7 days since symptom onset (or since first positive test if asymptomatic). The first day for HCP to work unmasked is day 8". "HCP with known or suspected exposure to any respiratory viral infection generally do not need to be excluded from work if they remain asymptomatic but should wear a facemask for at least 5 days after last exposure. *Please note that the required facemask is an N95.

Brevillier Village - A Learning & Continuing Education Site

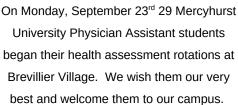
Lift Competency took place in the Education Room on Sept. 25^{th.} Staff from nursing were able to learn about and freshen up their skills on proper lifting technique, terminology, and equipment use. LPN students from Mercyhurst participated in the lift competency training





















In the Neighborhood: Upcoming Activities

Team RAD Movie Night

Friday, October 10th

If you have not already seen the movie Inside Out, now is the time to watch it at home so you can enjoy the sequel Inside Out 2 with family and friends at Brevillier Village. Sign up deadline: Mon. Oct. 6

Friday, October 10 6 pm

Education Room 5446 East Lake Road Erie, PA 16511

Produce Market

Thursday, October 16

A produce Market will be at the Conrad House Multipurpose Room from 12 Noon to 1:30 pm Thursday, October 16th.

Please stop by and pick up some fresh produce and bakery items.

October 16 12 - 1:30 pm

Conrad House MPR 5416 East Lake Road Erie, PA 16511



Craft Show & Bake Sale

Saturday, October 25

Join us for our Annual Craft Show & Bake Sale featuring local crafters, homemade baked goods, silent auction baskets, and 50-50 cash drawing.

Craft Show & Bake Sale October 25 10 am - 2 pm

Conrad House MPR 5416 East Lake Road Erie, PA 16511



Book Sale

Fri. Oct. 31 & Sat. Nov. 1

Our Annual Book Sale will take place on Friday, October 31st and Saturday, November 1st from 9 am - 2 pm. All book/media purchases are made by donations which benefit Conrad House residents.

Annual Book Sale Friday, October 31 9 am - 4 pm Saturday, November 1 9 am - 2 pm

Education Room 5446 East Lake Road Erie, PA 16511



Annual Memorial Service

Thursday, November 6th 4 pm Education Room

Please Note: Families will receive an invitation to the memorial service to honor residents who have passed away between September 1, 2024 -August 31, 2025



Brevillier Village Worship Schedule

Services begin at 2 PM in the St. Barnabas Chapel. For questions or information, please contact Deacon Chuck Adamczyk at cadamczyk@brevillier.org



Additional Services: October 12 | November 9 | December 14

December 2025 - Family Holiday Buffet



We are very excited to announce the return of our Family Holiday Buffet this December. This event is particularly special for our residents and their loved ones because it provides the opportunity to spend time celebrating the holidays together. It is difficult, if not impossible for most of our residents to leave due to Erie winter weather and/or mobility issues. This makes having our celebration all the more important by providing the needed accommodations, food, and most importantly holiday cheer. As the holiday season approaches there will be sign up sheets available at the front offices. Details:

Ball Pavilion Sat. Dec. 13th @ 12 pm and Barnabas Court Sun. Dec.14th @ 12 pm. \$24 adult and \$13 kids 10 and under.

Resident Activity & Events Schedule

Listed below are a few of the upcoming activities for our residents and their families to enjoy! Be sure to check with building staff for any updates or changes in building status. Please be mindful of our residents and staff, if you or anyone in your home is not feeling well please stay home. Our priority is to keep everyone healthy and safe, we ask that you kindly do not share any extra germs with us.

BALL PAVILION & BARNABAS COURT ACTIVITIES

IMPORTANT: COVID & Flu vaccine clinic will be held October 28th from 9 am - 3 pm for Ball and Barnabas residents. Residents must sign up within their building.

- 10/1 1:30 Pumpkin Carving @ BP, BN & BCS Recreation Rooms
- 10/3 1:30 Resident Birthday Party: Michael Dennehy @BP Recreation Room and Party at BCN Rec. Rm.
- 10/10 1:30 BC Social Hour: Mike & Marie @ BCN Recreation Room
- 10/12 1:30 Religious Services St. Barnabas Chapel
- 10/13 Columbus Day
- 10/14 1:30 Therapy Piggies BP Recreation Room
- 10/17 1:30 Social Hour With Pat's Jazz @BP Rec. Room & Country Blue Band @ BCN Rec. Room
- 10/23 1:30 Elvis Lives @ BCN Recreation Room
- 10/23 Symbria Therapy Meet & Greet 3 pm @BCS Dining Room
- 10/31 Happy Halloween
 - o 1:30 Resident Halloween Party: Darren @ BP Recreation Room
 - 1:30 BC Resident Halloween Party: Elizabeth Tomcho @ BCN Recreation Room
 - 6:00-7:00PM Brevillier Village Trick Or Treat

CONRAD HOUSE

Resident activity calendars have been updated! Be sure to mark your planner and join in for some fun. Use of the CH multipurpose room is approved through Jen Kehl, Building Admin. Please make arrangements prior to use. Thank You!

HOUSE

Upcoming Events:

- 10/2 Mike Dennehy 6:30 pm Multi-Purpose Room
- 10/6 Conrad Chorus Rehearsal begins 3 pm
- 10/27 COVID/Flu Vaccination Clinic 11 am 1 pm
- 10/31 Book Sale @ Education Room 9 am 4 pm
- 10/31 Happy Halloween Trick or Treat 6-7 pm
- 11/1 Book Sale @ Education Room 9 am 2 pm

Erie County Library Book Mobile

- October 6 & 20
- November 3 & 17
- December 1, 15 & 29





Weekly Schedule

MONDAY

- 10 am Exercise MPR
- 12:30 pm Book Club Library*
- 2 pm Pinochle Library
- 6 pm Craft Group MPR
- 6 pm Card Game MPR

TUESDAY

- · 2 pm Bingo MPR
- 6:30 pm Rosary Library
- 6:00 pm Card Game MPR

WEDNESDAY

- 10 am Exercise MPR
- 6:00 pm Card Game MPR

THURSDAY

- 11 am Bible Study Library
- · 2 pm Pinochle Library
- 6 pm Card Game MPR

FRIDAY

- 9 am Coffee & Donuts MPR
- 10 am Exercise MPR
- 11:15 am Religious Svc. MPR
- 5 pm Happy Hour MPR
- 6 pm Card Game MPR





Ball Pavilion

Loretta Briggs

Barnabas Court North

Barnabas Court South

Patricia Weidner

Conrad House

Doris Parkhurst







"Caregiving often calls us to lean into love we didn't know possible."

TIA WALKER

In Loving Memory

The ones we love never go away, They walk beside us even on this day. Unseen, unheard, yet always near.

Still loved, still missed, and very dear.

Last Goodbyes

We share our heartfelt goodbyes to those who have recently passed.

Patrick Bucceri
Doris Galbreath
Eugene "Bill" Kennedy
Shirley Hamilton
Judith Kruger
Margaret Rudzinski
Jean Murray



We want to thank you for mentioning Brevillier Village in your memorials to honor your loved one. Whether you mentioned the Brevillier Village name as their home, thanking our staff for care provided, or included Brevillier Village as beneficiary to memorial donations, everyone here benefits. We have several fundraising programs that support enhanced quality of life initiatives here in the Village. Our Haven Program (pets, gardening & intergenerational activities), Ruth Pedersen Benevolent Fund, Grounds, Sheltering Oak, Recreation, Employee Appreciation, and current projects like the New Nurse Call System are a few that support resident living.

For more information please contact: Maureen Rizzo (814)899-8600 or email at mrizzo@brevillier.org https://www.networkforgood.com/resource/what-is-legacy-giving/



WALK
TO END
ALZHEIMER'S
ALZHEIMER'S
ALZHEIMER'S () ASSOCIATION

The Walk to End Alzheimer's was Saturday, September 20th, and 18 people represented Brevillier Village's team. We raised over \$1,400 to support the Alzheimer's Association. Thank you to everyone who participated!



Dot Beatty Celebrates 100th Birthday, September 15th

Wow! What a wonderful milestone birthday, 100!! We extend our heartfelt and happiest wishes to Dorothy Beatty and her family. On Monday, September 15th Dot turned 100 Years Young! On Saturday, September 20th she was greeted by her entire family, including State Representative Bob Merski, who presented her with an official state citation recognizing this incredible birthday celebration.









John & Dorothy Dudenhoefer Celebrate 64th Anniversary

Anniversary





Conrad House residents, John and Dorothy Dudenhoefer celebrated 64 years of marriage on September 30th. The shared in their excitement with friends at Conrad House by purchasing the Friday donuts. We wish John and Dorothy happy wishes and many more years spent together. Congratulations and keep the good times together coming!



"To love and be loved is to feel the sun from both sides."

DAVID VISCOTT



Symbria Therapy Meet & Greet With Staff October 23rd

Join us on Thursday, October 23, 2025, at 3 - 4 pm in the Barnabas Court South Dining Room to learn all about how the therapy staff from Symbria can help your loved one at Barnabas Court. This event will be educational, and the staff from Symbria will be there to answer any questions you may have about receiving therapy services while you live at Barnabas Court. It is open to all residents and family members of North or South residents, including our Independent Residents.

RSVP to Vickie Gilchrist at (814) 899-8600 so we can make sure to have enough refreshments for all attendees.





Dementia Tips: Different Types of Dementia

Dementia is a general term for loss of memory and other mental abilities severe enough to interfere with daily life. It is caused by physical changes in the brain. Alzheimer's is the most common type of dementia, but there are many kinds. Dementia develops when the parts of your brain involved with learning, memory, decision-making or language are affected by infections or diseases. Dementia is considered a late-life disease because it tends to develop mostly in people who are older. About 5% to 8% of all people over the age of 65 have some form of dementia, and this number doubles every five years above that age. It's estimated that as many as half of people 85 years of age and older have dementia. Even if there isn't any suspicion of an underlying health condition that affects cognition, your provider may still perform a cognitive test after age 65. This is due to natural changes in how your brain works as your body ages.

Information shared from: www.alzheimers.org



Dementia

An umbrella term used to describe a collection of brain diseases and their symptoms, which include: memory loss, impaired judgment, personality changes, and an inability to perform daily activities.



Alzheimer's Disease

Prevalence 60-70% of dementia cases

Characterized by Amyloid plaques and beta tangles.

Symptoms include Impairments in memory, language, and visuospatial skills.



cases

Vascular Dementia

Prevalence 10-20% of dementia

Characterized by Disease or injury to the blood vessels leading to the brain.

Symptoms include Impaired motor skills and judgement.



Frontotemporal Dementia

Prevalence 10% of dementia cases

Characterized by Deterioration of frontal

and temporal lobes of the brain.

Symptoms include Personality changes and issues with language.



Lewy Body Dementia

Prevalence 5% of dementia cases

Characterized by Lewy body protein deposits on nerve cells.

Symptoms include Hallucinations, disordered sleep, impaired thinking and motor skills.



5% of dementia cases

Prevalence

Dementias related to

Parkinson's disease

- Huntington's disease
- HIV
- Crutzfeldt-Jakob disease
- Korsakoff syndrome



CELEBRATE



HAPPY WORK Anniversary

Jonathan	Learn	10/1/2020	5 Years
Helena	Burgos	10/2/2024	1 Year
Angela	Przybyszewski	10/2/2014	11 Years
Kristina	Soto	10/2/2024	1 Year
Amy	Learn	10/4/1994	31 Years
Tobias	Vahey	10/7/2023	2 Years
Autumn	Gariepy	10/13/2021	4 Years
Jessica	Smith	10/13/1999	26 Years
Dawn	Hartman	10/14/2013	12 Years
Samantha	Charlton	10/16/2024	1 Year
Kataleigha	Stuchul	10/18/2023	2 Years
Jammi	Kosiorek	10/20/2004	21 Years
Joshua	Lencki	10/21/2014	11 Years
Alexis	Schultz	10/24/2023	2 Years
Erica	Vicary	10/28/2024	1 Year
Jennifer	Kehl	10/30/1995	30 Years

Resident Birthdays

Ball Pavilion

Johanna Davis	10/01
Edward Jaglowski	10/02
Mary Taylor	10/02
Mamie "Amy" Shannon	10/06
James "Jim" Cipalla	10/07
Grace Klemm	10/21
Annette Slater	10/31

Barnabas Court North

Patricia Hitchings	10/03
Ted Wardzinski	10/06
Helen Szparaga	10/30
Sally Griffin	10/30



Barnabas Court South

Marie Fiscus	10/07
Para Bendevski	10/10
Bob Schroeck	10/11
David Frick	10/14
Mary Beveridge	10/17
Sandra Kobielski	10/30

Conrad House

Mark Brice	10/06
Bob Walls	10/07
Mary Tomlin	10/14
Sandy Wargo	10/23
Twila Bash	10/24
Doug Robbins	10/25
Richard Polancy	10/25
Norval Moore	10/28

Happy Birthday

<u>First Name</u>	Last Name	MM/YY
Diana	Carson	10/1
Maureen	Rizzo	10/2
Carlos	Elverton	10/2
Melissa	Chimera	10/3
Julianna	Osiecki	10/7
Janet	Dubich	10/8
Anthony	Szyplik	10/8
Becky	Klimczak	10/9
Alyssa	Kehl	10/12
Tobias	Vahey	10/12
Bobbi Jo	Gariepy	10/13
Julia	Chludzinski	10/13
Aurora	Willey	10/14
Linda	Gamble	10/15
Deirdre	Howard	10/20
Sondra	Ramos	10/21
Vexx	Festa	10/21
Saida	Harper	10/22
Essence	Williams	10/23
Jeffrey	Wieser	10/26
Summer	Skinner	10/27
Sandy	Danilov	10/28
Mariah	Cieslak	10/29
Amy	Learn	10/30
Amy	Barrett-Heitzenrater	10/31



MARK YOUR CALENDAR





October: Resident's Right Month | National Physical Therapy Month | Breast Cancer Awareness

- 10/1 International Coffee Day
- 10/2 Yom Kippur
- 10/7 Taco Tuesday
- 10/10 Mental Health Day
- 10/16 Boss's Day
- 10/25 Make Difference Day
- 10/31 Happy Halloween
- 10/31 & 11/1 Brevillier Village Book Sale!!!!

CHRISTMAS IN OUR VILLAGE

The kick-off to our Brevillier Village Christmas Holiday Season will begin Thursday, December 4th Be sure to watch for upcoming announcements for details about our holiday celebrations.









BODY MIND SPIRIT

31 Days of Trying New Things

My October **					-	
S	M	T	W	T	F	S
28	29	30	to a new morning song.	2 Try a new coffee shop or new coffee beans or coffee syrup at home.	theater you haven't been to before.	4 Cook ta Greek dinner recipe like pastitsio or moussaka.
5 Visit a scenic place nearby you haven't been to before.	6 Read an article from a news site you generally don't read.	7 Take a new route home after work.	8 Sign up for a dance class or try a simple dance routine at home.	9 Work on a new crossword today.	a new place for lunch today (or pack a new lunch recipe).	11 Cook an Italian recipe like saltimboc- ca or gnocchi.
a new hobby today (like tennis, embroi- dery, painting).	13 Take a photo of something you've just noticed that inspired you.		Write a short poem about fall.	16 Take a class on an interesting hobby (pottery, calligraphy, tango).	17 Start a scrapbook.	Try a new Mediterra- nean recipe.
Go on a day trip somewher e you've not been before.	20 Watch an episode of a TV show from a genre you normally wouldn't.		Learn a new word today.	23 Visit a local museum you haven't been to before.	24 Try a new board game for game night with friends/ family.	a new sport (fencing, squash, rock climbing).
26 Act like a tourist in your town/city today and explore new places.	Teach yourself a simple DIY skill (like sewing a button).	28 Work on a simple DIY house pro- ject (like creating a gallery wall).		30 Go for a scenic drive some- where new.	31 Wear a new & interesting Halloween costume today.	O & Huppy